





#### **THE BREAKFAST CLUB 17**

two fried eggs, lettuce, tomato, bacon and mayonnaise on multigrain toast. Served with herb and spice roasted potatoes

#### **HUEVOS RANCHEROS 17**

two fried eggs, avocado and roasted red pepper spread, salsa and cheddar on a toasted English muffin. Served with herb and spice roasted potatoes

#### **VEGAN TOFU RANCHEROS 18**

tofu, smashed avocado and red pepper spread, scallion, stewed tomatoes with roasted garlic and chillis, vegan cheese, roasted corn. Served with herb and spice roasted potatoes

### **SWEET WAFFLE 17**

house made waffle, nutella, toasted coconut, raspberry sauce, icing sugar, whipped cream

#### **SAVOURY WAFFLE 17**

house made waffle, two sunny-side up eggs, bacon, cheddar, scallion, sweet sriracha sauce

#### **GARDEN BREAKFAST 16**

two bacon, two multigrain toast, two eggs any style. Served with herb and spice roasted potatoes

### **BIG GARDEN BREAKFAST 19**

three bacon, three multigrain toast, three eggs any style. Served with herb and spice roasted potatoes

#### **AVOCADO TOAST & EGGS 18**

avocado, garlic & herb roasted cherry tomatoes on sourdough toast with two scrambled eggs. Served with herb and spice roasted potatoes

WE CAN ACCOMMODATE MOST DIETARY RESTRICTIONS. PLEASE TALK TO YOUR SERVER SO WE CAN SERVE YOU BETTER.









#### **BACON AND BRIE 19**

bacon, brie, and onion jam on a toasted English muffin topped with two poached eggs and hollandaise sauce. Served with herb and spice roasted potatoes

#### **MUSHROOM AND AVOCADO 18**

avocado and roasted red pepper spread, sautéed mushrooms, micro greens & onion jam on a toasted English muffin topped two poached eggs and hollandaise sauce. Served with herb and spice roasted potatoes



#### **KALE CAESAR SALAD 15**

crunchy kale, croutons, bacon, shredded Parmigiano Reggiano, house Caesar dressing

#### **GARDEN SALAD 15**

house greens, purple cabbage, tomato, cucumber, harvest spice pumpkin seed, honey-sherry vinaigrette

#### **NOVA SCOTIA SEAFOOD CHOWDER 18**

haddock, shrimp, bay scallop, baby clams, sweet corn, dill infused white wine and cream broth. Served with multigrain toast



Bacon	4	Egg	2
Side Garden Salad	5	Hollandaise	3
Toast	3	Roasted potatoes	3



**CROISSANT 3 CHOCOLATE AVALANCHE DANISH 4** 



# Other Cocktails

Mimosa	10
Mimosa Flight	16
Caesar	11
Espresso Martini	15
Sangria (white or red, glass/pitcher)	12/29

# Draught

Garrison Tall Ship	9
Garrison Georgia Peach	
Garrison Mango & Dragon Fruit Sour	
Spindrift Toller Light	
Spindrift Queen Bee Honey Brown	
Propeller Galaxy IPA	
Bulwark Blush Cider	

# Cans + Bottles

Church Brewing Congregation Pilsner	9
Tatamagouche Deception Bay IPA	9
Two Crowes Jamboree Sour	9
Corona	7
Heineken	7
Blue Lobster Dragonfruit Guava	8
Blue Lobster Lemon & Lime	8

# Wine

WHITES II Padrino Pinot Grigio, IT	5oz 8.5	8oz 13	1/2L 24	Bot 36
Benjamin Bridge Tidal Bay, NS	12	19	37	54
Benjamin Bridge Piquette, NS				52
Satellite Sauvignon Blanc, NZ	12	19	35	52
REDS				
Il Padrino Rosso, IT	8.5	13	24	36
Tabali Pinot Noir, CH	13	19	38	58
Trapiche Malbec, AR	11	17	32	52
The Crusher Cab Sauv, CA	11	17	32	52
ROSE Luckett Vineyards Rosetta, NS	12	14	27	50
Gérard Bertrand Cote des Roses, F	R			60
SPARKLING Grandial Blanc de Blanc, FR	5oz 10	8oz	1/2L	Bot 42
Benjamin Bridge Pat Nat, NS				80
Benjamin Bridge Brut, NS				65
Veuve Clicquot, FR			:	150
Dom Perignon, FR			:	330
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# Coffee

Drip Coffee	3
Hot Chocolate	4.5
London Fog	4.5
Matcha Latte	5.5
Chai Latte (make it dirty +1)	5
Latte	5.5
Cappuccino	5
Espresso	4
Flat White	4.5
Cortado	4.5
Macchiato	4.5
Americano	4.5
Cafe Mocha	5
Pistachio Latte	7
Spanish Latte	6

### Tea

HERBAL	BLACK 3.5
Chamomile	Earl Grey
Mint	English Breakfast
Peppermint	Chai